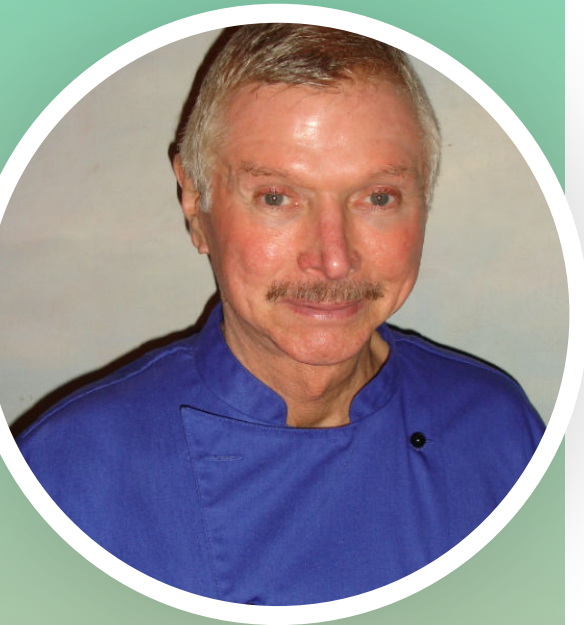




NAME
CHRISTIAN

HEIGHT
5FT 11IN

WEIGHT
193 LBS

CONDITION
SECONDARY
LYMPHEDEMA
AFFECTING
PRIMARILY THE
RIGHT LEG

TELL US YOUR STORY



PATIENT SUCCESS STORY

Lymphedema Doesn't Have to Be Hard Christian's Success Story

Lymphedema may be part of my life – but it doesn't define it. And it doesn't have to be hard.

I'm 76 years old, and I've spent most of my life on my feet. As a chef in New York, my work has taken me into restaurants, catering environments, and private homes – often for long hours at a time. Staying active has always been part of who I am.

A few years ago, I started noticing something unusual. One of my pant legs suddenly felt much tighter than the other. At first, I brushed it off, but over time the swelling in my right leg became more noticeable. It started affecting how my clothes fit, how comfortable I felt, and even how I moved throughout the day.

After meeting with specialists at NYU Langone, I learned that the swelling was related to venous and lymphatic dysfunction – a form of secondary lymphedema that developed later in my life. I underwent vein treatments and was prescribed a pneumatic compression device to help manage the swelling at home.

When Therapy Felt Hard

Unfortunately, the first compression pump I tried made things harder, not easier.

"It took 10 minutes to get into it, 10 minutes to get out, and it took up half my apartment. I called it the space suit. I used it once a week at most."

The garment was bulky, difficult to put on, and required a lot of effort to use consistently. Living in a New York apartment, storage was an issue, and it took so long to put on and take off that I found myself avoiding it altogether.

Even though I knew compression therapy was important, it was nearly impossible to make it part of my regular routine.

Discovering an Easier Way

When my physician recommended the AIROS 8P pump and garment system, I was hopeful – and this time, the experience was completely different.

The AIROS leg garments were easy to put on thanks to their intuitive zipper design. They were comfortable, compact, and simple to store, which made them fit naturally into my lifestyle. Most importantly, I could use the system on my own, without needing help to set it up or take it off.



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PATIENT SUCCESS STORY

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That independence changed everything. Because it was easy to use, I actually wanted to use it – and that consistency made a real difference. The swelling in my leg visibly decreased, and I started feeling more comfortable day to day.

Now, I use my AIROS leg garments every other day, adjusting the length of each session depending on how I feel. Compression therapy has become a calming part of my routine – time I often spend reading or watching TV.

I've noticed meaningful improvements. My legs feel lighter, the swelling is reduced, and my clothes fit comfortably again. I've been able to stay active and continue going to the gym several times a week, which is important to me.

I'm grateful for the care I received from my clinical team at NYU Langone, as well as the support from the AIROS Medical team. Having knowledgeable, responsive people to guide me through the process made a big difference and gave me confidence in my care plan.

Living Well With Lymphedema

Today, I feel more in control of my condition and more empowered in my daily life. The AIROS 8P system has given me a simple, effective way to manage swelling while maintaining my independence, mobility, and the active lifestyle I enjoy.

As someone who believes strongly in prevention and staying active, the impact has been clear.

"What more can I say? It works. It's simple. And I highly recommend it to anyone who needs it."

Lymphedema may be part of my life – but it doesn't define it.

And it doesn't have to be hard.

TELL US YOUR STORY



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