

PATIENT SUCCESS STORY

Denise M.



NAME

DENISE M

HEIGHT

5 FT 6 IN

WEIGHT

122 LBS

CONDITION

LYMPHEDEMA

TELL US YOUR STORY



“The AIROS 8 Compression Pump has truly been a lifesaver. It’s comfortable, quiet, compact, and—most importantly—effective. I even travel with it.”

Can you provide some background about your diagnosis and treatment and how you came to use an AIROS device?

My health journey began in 2012 when I was diagnosed with cervical cancer and had to undergo a radical hysterectomy. During follow-up visits, doctors often asked if I had any swelling, but I didn’t think it was a concern. I had never even heard of lymphedema, let alone realized it could be a result of my surgery.

In 2017, my cancer returned, leading to another major surgery. Afterward, I noticed significant swelling in my leg, along with tunnel wounds that required constant packing. By 2018, I was going through chemotherapy, but my wounds weren’t healing. I sought help from a wound care specialist, and my oncologist pointed out that my post-surgical swelling was worsening. At first, I thought it was due to my diet, but I was eventually referred to a lymphedema clinic, where I finally learned the real cause of my symptoms—I had lymphedema.

To manage my condition, I started using compression garments and receiving manual lymphatic drainage (MLD) therapy. I also underwent specialized lymphedema surgeries, including SAPL (Suction-Assisted Protein Lipectomy) and LVA (Lymphaticovenous Anastomosis). Eventually, my doctor prescribed the AIROS 8 Compression Pump, and it became a crucial part of my treatment plan.

What is your height, weight, and diagnosis?

I’m 5’6” and currently weigh 122 pounds after losing 120 pounds following gastric sleeve surgery—I was previously 250 pounds. My lymphedema affects both legs, with my left leg being more severely impacted.

What are the script details, and what AIROS device do you use?

I use the AIROS 8 Compression Pump as prescribed by my doctor. My routine includes MLD therapy 1-2 times a week, and I use the AIROS 8 Compression Pump four nights a week. I also wear compression garments on my left leg daily to help manage my condition.

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What was your experience using the device?

The AIROS 8 Compression Pump has truly been a lifesaver. It's comfortable, quiet, compact, and—most importantly—effective. I even travel with it. While my leg remains swollen, the pump provides noticeable relief, making daily activities much more manageable.

Before I found the right treatment, something as simple as walking up a flight of stairs was difficult. I had to swing my legs just to get to the next step. But after meeting with specialists and incorporating the AIROS 8 Compression Pump into my routine, I started to feel hopeful again. Even though I still deal with joint pain and neuropathy, the pump has made a huge difference in my daily life.

Will you continue to use the device and why?

Absolutely. The AIROS 8 Compression Pump gives me the relief I need to manage my lymphedema. It's not just a treatment tool—it's a core part of my ongoing care and daily routine.

Anything else you'd like to share?

One of the hardest parts of living with lymphedema is the lack of support. When I was going through cancer treatment, I had an entire care team and plenty of resources. But with lymphedema, I had to navigate everything on my own. It took a team of specialists to help me find my path, and I know many others are still struggling to get the care they need.

Despite these challenges, I stay active, travel frequently, and always carry my medical bag—with my AIROS 8 Compression Pump—wherever I go. My journey hasn't been easy, but finding the right treatment has made all the difference. I hope that by sharing my story, I can help others find relief, too.

TELL US YOUR STORY

