



# Patient Success Stories

Working to Help Patients Feel  
Better & Live Healthier Lives



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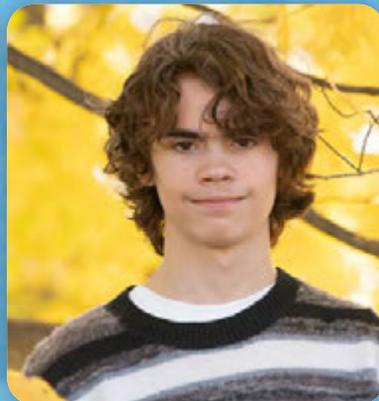
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FEEL BETTER & LIVE HEALTHIER

## Providing compression therapy treatments to help people like you feel and live better.

At AIROS Medical, our mission is simple: Help patients with chronic lymphatic and venous disorders. Our devices have been designed and manufactured with you in mind. Our products are easy to use and can reduce pain and swelling so you can move easier.

As you can see from the stories we've included here, patients agree, AIROS Medical's devices have helped them live healthier and happier lives. Contact us today at [info@airosmedical.com](mailto:info@airosmedical.com) or 1-866-991-6956 to learn more about how we can help you.



“



*My experience so far has been outstanding. I have seen more and more reduction every time I use the pump. I am able to move faster and train harder with less pain which is incredible.*

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## PATIENT SUCCESS STORY

# Stefon J.

**HEIGHT:** 6FT 2 ½ IN • **WEIGHT:** 240 LBS • **CONDITION:** LYMPHEDEMA PRAECOX, RIGHT LEG

### **Can you provide some background about your diagnosis and treatment and how you came to use an AIROS device?**

I first developed lymphedema when I was about 13 or 14 years old but I was not fully diagnosed with lymphedema until I was 18 or 19. So, for about four or five years as I was trying to figure out what was going on. I was not able to try any treatments for my leg due to lack of resources and knowledge on the condition and not even receiving a proper diagnosis until years after my symptoms developed. I learned about AIROS when I went to Camp WatchMe 2022 this past June, where I was a volunteer and patient advocate. I was prescribed the use of this device from a plastic and reconstructive surgeon in Orlando, FL.

### **What is your height, weight and diagnosis?**

I am 6 foot and 2 ½ inches tall and I weigh about 240lbs. I have lymphedema praecox in my right leg.

### **What are the script details - pressure, treatment times per day, and treatment length?**

I was prescribed to use this pump 1-2 times per day, for 1 hour at 45-50 mmg pressure setting.

### **What AIROS device did you use and what was your experience using the device?**

My experience so far has been outstanding. I have seen more and more reduction every time I use the pump. I am a ISSA Elite Personal Trainer and a professional boxer and before using this pump on a regular basis, my movement was always very limited and painful when I was training. I always felt sluggish and there was always pain in my leg. However, since using this pump on a regular basis, my leg is a lot softer and not as tight. I am able to move faster and train harder with less pain which is incredible!

### **Will you continue to use it and why?**

Yes, I would like to continue to use the pump. I think it would benefit me greatly at this point in my lymphedema journey. There are a lot of pumps on the market for lymphedema warriors like me but I will keep using this because it is extremely easy to use, which motivates me to be compliant with my treatment and it has been proven to reduce the swelling in my right leg.

## PATIENT SUCCESS STORY

# Joseph T.

**HEIGHT: 6FT 1 IN • WEIGHT: 200 LBS • CONDITION: LYMPHEDEMA**

### **Can you provide some background about your diagnosis and treatment and how you came to use an AIROS device?**

One of the prescription medications I take for hypertension can cause swelling of the ankles and feet and unfortunately for me it has. My ankles and feet would swell so badly that I was barely able to put on any of my shoes at all. That was the physical problem, however, but the mental part was much more difficult. Every time I looked down and saw my "fat" ankles it caused me to feel less of myself.

I finally talked to my primary care physician and she consulted with my cardiologist and they agreed I should try using a compression pump. My PCP then submitted a prescription to Riverside Medical Supply in Selinsgrove, PA, who have been phenomenal in helping me with this process.

### **What is your height, weight and diagnosis?**

I am 6 foot and 1 inch tall and I weigh about 200lbs. I was diagnosed with lymphedema,

### **What are the script details? What AIROS device did you use?**

I was dispensed an AIROS 8 Sequential Compression Device, that I was prescribed to use 2 times per day for 60 minutes at a time.

### **What was your experience using the device?**

To say that this device has been life-changing is an understatement. My ankles and feet have gone back to almost what they had been before my diagnosis!

As a result, I feel better physically with little or no pain and am able to put on and wear shoes I could not use for a long time. Just as important to me, I feel better about myself when I look down at my ankles and feet. My friends now ask what I did to my ankles and feet to go back to the way they were.

### **Will you continue to use the device and why?**

With results like these I will continue using this device to maintain what I got back.



*I feel better physically with little or no pain and am able to put on and wear shoes I could not use for a long time... To say that this device has been life-changing is an understatement. My ankles and feet have gone back to almost what they had been before my diagnosis!*





*Using my AIROS 8 has really helped me manage the lymphedema even on the days I have flare ups. I also was able to go on a cruise back in July and this pump was my best friend.*



## PATIENT SUCCESS STORY

# Jessica

**HEIGHT: 5FT 2 IN • WEIGHT: 200 LBS • CONDITION: LIPO-LYMPHEDEMA**

### **Can you provide some background about your diagnosis and treatment and how you came to use an AIROS device?**

I was diagnosed with lipo-lymphedema in March 2022. From what my doctor mentioned, I've had lipedema all this time which led to lymphedema. After losing an extreme amount of weight I decided to have loose skin removal which led to a lymphedema flare up and that's when I found out about both conditions all this time.

It was extremely frustrating because I was misdiagnosed as obese all this time. I was able to talk to my PCP and then I was referred to the Lymphedema Specialty Clinic in Houston, TX. I went through the Decongestive therapy for 5 ½ weeks. After completing the decongestive therapy, they prescribed an AIROS 8 compression pump which I used there at the clinic and it seemed to help a lot with my swelling.

### **What is your height, weight and diagnosis?**

My height is 5'2 and I fluctuate between 200-210 lbs depending if I'm having a light flare up. I was diagnosed with lipo-lymphedema.

### **What are the script details? What AIROS device did you use?**

The script calls for 50mmhg of pressure for 60 minutes twice a day. I have the AIROS 8 with both leg sleeves.

### **What was your experience using the device?**

So far using my AIROS 8 has really helped me manage the lymphedema even on the days I have flare ups. I also was able to go on a cruise back in July and this pump was my best friend.

### **Will you continue to use the device and why?**

I will definitely continue to use it because it has helped clear some fluid from my legs and also helps with pain.

I appreciate all the support and I'm looking forward to any new products that AIROS has coming out that could help with my condition further.

## PATIENT SUCCESS STORY

# Felix M.

**HEIGHT: 6FT • WEIGHT: 130 LBS • CONDITION: PRIMARY LYMPHEDEMA**

### Can you provide a little background about your diagnosis and treatment?

When I was in 4th grade, I woke up one morning with a swollen right leg. After a long day in Children's Hospital in Boston and a number of tests, I went home with the medical equivalent of "we have no idea" — better known as "idiopathic lymphedema." After a very painful test involving injections in between my toes, they determined the lymphatic drainage system in my lower right leg wasn't working, and suspected it had not formed properly. This apparently is a 1 in 100,000 shot.

I now know lymphedema to be a lifetime condition that needs constant maintenance to avoid progressing into other more complicated and dangerous conditions such as elephantiasis. Avoiding this hardening of tissue requires compression garments, complex wrapping and manual lymphatic massage, but also benefits greatly from a machine like the AIROS. The sequential massage provides daily improvement and the convenience is crucial for my long term health.

### What is your height, weight (if you don't mind sharing), & diagnosis?

I am 6' 0" and about 130 pounds. I have been diagnosed with primary lymphedema. Primary means it is a genetic condition rather than the result of trauma or secondary effect of cancer.

### What AIROS device did you use?

I am using the AIROS 8 because given the relatively small area affected (basically knee and below), the chamber count is very important for moving the lymph upwards instead of just moving it around.

### What are the script details – pressure, times per day, cycle time?

The prescription is not specific about cycle times or pressure amounts - the usage of sequential pumps is an active area of research for my condition and the flexibility, precision and reliability of the AIROS is a significant advantage over the consumer-level compression devices.

### What was your experience using this?

So far the AIROS has been fantastic. It's not really a case of seeing a drastic improvement overnight so much as comfort and convenience providing positive change over time. I'm still growing, so measurements aren't always the best gauge of progress, but my leg feels softer and more "typical" of healthy leg tissue.

### Will you continue to use it and why?

I use the AIROS every day for an hour. I use my computer or do homework during that time, so it's become a nice relaxing ritual to end the day.

### Anything else that you would like to share?

I need this everyday, no matter where I am. I needed to travel with it this summer which was very easy to do. I demonstrate it to security at the airport and show a prescription. Overall, lymphedema is a condition that is very fussy, and I appreciate the compact and light design when traveling and when moving around the house.



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*The impact that the device had on my symptoms was dramatic. It helped a lot of the swelling. This year compared to last has been night and day. I use the pump daily and it helps me tremendously.*



## PATIENT SUCCESS STORY

# Frank G.

**HEIGHT: 6FT 2IN • WEIGHT: 340 LBS • CONDITION: LYMPHEDEMA**

### **Can you provide some background about your diagnosis and treatment and how you came to use an AIROS device?**

Last year, I had a lot of pain in my legs and was diagnosed with edema and stasis. All of that painful swelling unfortunately for many people like myself can lead to cellulitis. I was personally hospitalized 4 times just in 2021 for sepsis which was extremely scary.

In September of last year an infectious disease doctor prescribed lymphatic physical therapy to try and alleviate the issues that I was having. The therapist started me on the compression therapy and ordered me an AIROS 8 compression therapy device for home use. I use the device in the morning for 60 minutes and at night for 60 minutes.

The impact that the device had on my symptoms was dramatic. It helped a lot of the swelling. The theory is if I keep the swelling down, I can avoid cellulitis and sepsis. This year compared to last has been night and day. I use the pump daily and it helps me tremendously. So far this year, I have not had any infections and have not been hospitalized at all. I can't believe it.

### **What is your height, weight and diagnosis?**

My height is 6 ft 2 in and I weigh 340 lbs. I was diagnosed with lymphedema and venous stasis.

### **What are the script details?**

I use my compression therapy device two times a day, for 60 minutes each time.

### **What AIROS device did you use and what was your experience using the device?**

I have been prescribed to use the AIROS 8 device. My experience with using the device was very positive. No one wants to ever be hospitalized for anything let alone something as scary as sepsis. The fact that this device can help me from developing that like it has this year is nothing short of a miracle for me.

### **Will you continue to use it and why?**

I will absolutely continue using this because it helps me avoid cellulitis and sepsis.

## PATIENT SUCCESS STORY

# Reggie D.

**CONDITION: VENOUS INSUFFICIENCY WITH LYMPHEDEMA**

**Can you provide some background about your diagnosis and treatment and how you came to use an AIROS device?**

I had just retired from teaching after 42 years in the classroom. I had surgery on my left foot and that started to be the beginning of a number of issues with my legs.

There was a lot of swelling in the legs, plus heaviness and pain. It was really impacting my tennis coaching and I'm a very hands-on coach. I want to be able to work with my kids. I want to be able to demonstrate shots, and after the surgery I couldn't do that. I was really physically limited in what I could do. I visited Sarang S. Mangalmurti, MD, cardiology/vascular surgery, to discuss my issues.

**What is your diagnosis?**

My diagnosis is venous insufficiency with lymphedema.

**What are the script details?**

I use my compression therapy device two times a day, for 60 minutes each time, with a pressure setting of 45 mmHg.

**What AIROS device did you use and what was your experience using the device?**

After using the AIROS 6, the legs really feel good. The swelling is way down and I don't feel the heaviness and it feels so much better. I was really impressed!

**Will you continue to use it and why?**

Yes, I will continue to use them because they are just easy to use. I wear them when I'm watching TV, they don't seem to impede anything that I would be doing. They are very comfortable, and you can feel them working which is very good for the psychological side of this as well as the actual physical improvement.

**Anything else that you would like to share?**

Tennis is my life, as a coach and as a player. After I started using this I was able to do things better than I could do them before. I was able to move a whole lot better on the court, I was able to get to shots. For an old guy, I felt like I was moving pretty well, and I certainly feel that this compression device really helps. It really feels like I'm able to coach again without any pain and I've even starting to play a little bit. They've made a major difference.



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