

PATIENT SUCCESS STORY

Stefon J.



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NAME
STEFON J.

HEIGHT
6FT 2 ½ IN

WEIGHT
240 LBS

CONDITION
LYMPHEDEMA PRAECOX,
RIGHT LEG

Can you provide some background about your diagnosis and treatment and how you came to use an AIROS device?

I first developed lymphedema when I was about 13 or 14 years old but I was not fully diagnosed with lymphedema until I was 18 or 19. So, for about four or five years as I was trying to figure out what was going on. I was not able to try any treatments for my leg due to lack of resources and knowledge on the condition and not even receiving a proper diagnosis until years after my symptoms developed. I learned about AIROS when I went to Camp WatchMe 2022 this past June, where I was a volunteer and patient advocate. I was prescribed the use of this device from a plastic and reconstructive surgeon in Orlando, FL.

What is your height, weight and diagnosis?

I am 6 foot and 2 ½ inches tall and I weigh about 240lbs. I have lymphedema praecox in my right leg.

What are the script details - pressure, treatment times per day, and treatment length?

I was prescribed to use this pump 1-2 times per day, for 1 hour at 45-50 mmg pressure setting.

What AIROS device did you use and what was your experience using the device?

My experience so far has been outstanding. I have seen more and more reduction every time I use the pump. I am a ISSA Elite Personal Trainer and a professional boxer and before using this pump on a regular basis, my movement was always very limited and painful when I was training. I always felt sluggish and there was always pain in my leg. However, since using this pump on a regular basis, my leg is a lot softer and not as tight. I am able to move faster and train harder with less pain which is incredible!

Will you continue to use it and why?

Yes, I would like to continue to use the pump. I think it would benefit me greatly at this point in my lymphedema journey. There are a lot of pumps on the market for lymphedema warriors like me but I will keep using this because it is extremely easy to use, which motivates me to be compliant with my treatment and it has be proven to reduce the swelling in my right leg.

